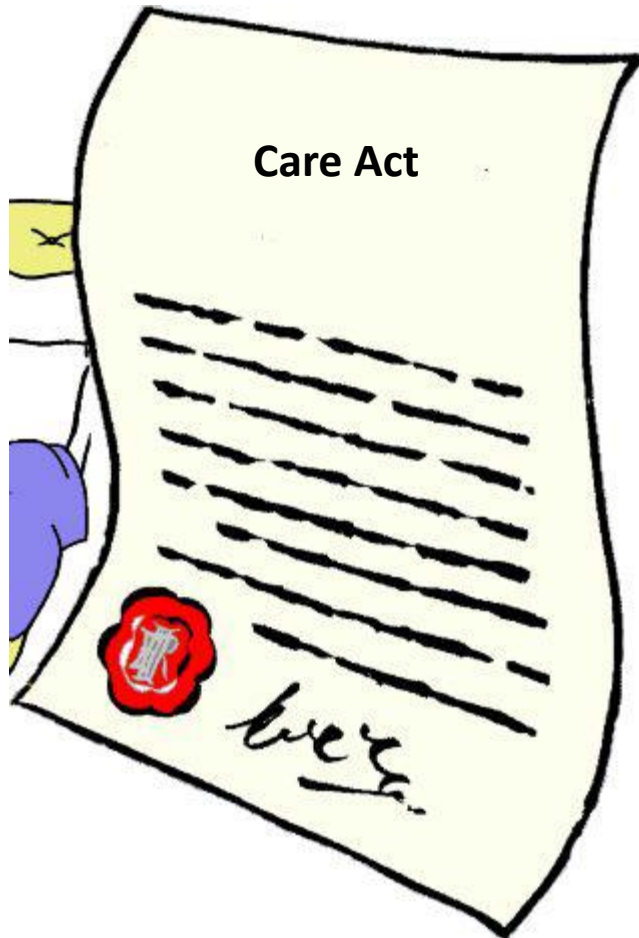


Health and Wellbeing Strategy Action Plan: 4C People will feel in control of their own care

Catherine Wilson

Why this is a priority



- Introduced a general duty on local authorities **to promote an individual's 'wellbeing'**. This means that they should always have a person's wellbeing in mind and when making decisions about them or planning services.
- **Increased the emphasis on prevention** - local authorities and other providers of support will encourage and assist people to lead healthy lives which will reduce the chances of them needing more support in the future
- Provides **more focus on Personal Budgets**, giving people with the power to spend allocated money on tailored care that suits their individual needs as part of their support plan.
- Requires Local Authorities to have an **independent advocacy service** for people who find it difficult to have a say in their care and services and do not have someone to help them with this

Where are we now and where we want to be

Where we are now

- Currently the council and partners provide a balance of community based and statutory services across Thurrock
- Balance of preventative and reactionary services currently being provided
- Adult Social Care is provided through:
 - The traditional approach of services that are commissioned directly by the local authority and key partners
 - Spot purchasing arrangements with providers, facilitating additional service provision when necessary
 - Individual budgets and direct payments

Where we want to be

- Additional community based, preventative services, reducing the need for statutory service provision, providing less reliance on formal services and thereby containing demand
- More choice for individuals on services provided to support improved outcomes
- Increased uptake of Personal Budgets to give more control to individuals about how their outcomes are met

Our Action Plan – Living Well at Home

- Living Well at Home is a new service model for Domiciliary Care
- Living Well at Home, is an integral part of the second phase of Building Positive Futures and incorporated within the vision of the next phase of Transforming Adult Social Care, Living Well in Thurrock
- Living Well at Home's aim is to enable people to achieve a good life by the development of a new approach to domiciliary care and creating neighbourhood based solutions which include a mixture of formal and informal responses to the outcomes an individual wishes to achieve
- A Pilot is currently underway to explore different ways of providing person centred care to individuals



Our Action Plan – Statutory Advocacy Service



- Thurrock provides statutory IMCA Advocacy service, service has recently been retendered
- Thurrock also provides an Independent Complaints Advocacy Service

Our Action Plan – Personal Budgets and Individual Service Funds



- **Personal Budgets** are an allocation of funding given to users after an assessment which should be sufficient to meet their assessed needs. Users can either take their personal budget as a direct payment, or – while still choosing how their care needs are met and by whom – leave councils with the responsibility to commission the services
- **Direct Payments** involve cash payments given to service users in lieu of community care services they have been assessed as needing, and are intended to give users greater choice in their care.
- **Individual Service Funds** involves the budget being held by a care provider but the service user can choose how some or all of it is spent, providing a good option for people who do not want to take on the responsibilities of a direct payment.

Our Action Plan – Transforming Care for people with learning disabilities

- Transforming Care is a national programme that seeks to transform the care of people with, or at risk of, demonstrating behaviour deemed to challenge and who have a learning disability and or autism.
- The Transforming Care programme focuses on the five key areas of:
 - empowering individuals
 - right care, right place
 - workforce
 - regulation
 - data.
- The Pan Essex area Transforming Care Partnership Board covers: Southend-on-Sea Borough Council; Essex County Council and Thurrock Council. It also covers the 7 Essex Clinical Commissioning Groups. All of these organisations are represented on that Board.



Action will help achieve improved outcomes

Indicators	2016 Baseline	2017	2018	2019	2020	2021 Target
<p>Outcome Framework Indicator 1. % of people who have control over their daily life.</p> <p>This indicator shows the proportion of adult social care service users aged 18+ who feel that they have control over their daily life, and is calculated from data collected in the Adult Social Care Survey. Part of the intention of personalised services is to design and deliver services more closely matching the needs and wishes of the individual, putting them in control of their care and support. This measure is one means of determining whether the desired outcome is being achieved.</p> <p>This is also an indicator on the Adult Social Care Outcomes Framework.</p>	74.2% (2014/15)	76.36%	78.52%	80.68%	82.84%	85%
<p>Outcome Framework Indicator 2. % of people receiving self-directed support.</p> <p>This indicator shows the proportion of adult social care users aged 18+ who are receiving self-directed support. Self-directed support allows people to choose how their support is provided, and gives them control of their individual budget. This measure supports the drive towards personalisation of care, and is also an indicator on the Adult Social Care Outcomes Framework</p>	70.3% (2014/15)	76.24%	82.18%	88.12%	94.06%	100%



Thank You